

Illinois Girls Lacrosse Association

The Glencoe, Northfield and Winnetka Park Districts are joining forces with IGLA to offer a camp that teaches the rules of girls lacrosse and expands on the fundamental skills of the game. Our highly skilled and experienced coaches include women with high school, collegiate, and post collegiate playing experience, current college athletes, and current varsity high school athletes. The players learn catching, throwing, ground balls, and basic offense and defense. Skills are taught in a fun, fast-paced, and dynamic environment with drills and games. There is also an opportunity for more advanced skill development, such as offensive and defensive positioning, and simulated game play. *Goggles, sticks, and mouth guards are required equipment to play.*

Registration is a two-step process:

1. Register and pay at your local participating Park District.
2. Fill out the Camp and Clinic Registration form on IGLA's website

Find more information at www.iglax.org or email info@iglax.org.

Who:	Girls, Entering Grades 3-9
Where:	Jerry Reinsdorf Field, located behind the Takiff Center
Instructor:	IGLA Staff
Min./Max.:	10/25

Day	Dates	Time	R/NR Fee	Prg. #
Mon.-Fri.	July 9-13	3:30-5:30 p.m.	\$140/\$154	8311-1