

GLENCOE BEACH

Right in your own backyard is Lake Michigan's most beautiful spot on the North Shore, Glencoe Beach.

The beach is ideal for group and family outings, work picnics, or summer camp groups! Lifeguards are on duty daily during the regular season. Glencoe Beach features:

- Paul & Ada Safran Sprayground for children
- Shaded trellis for picnics and parties with a canopy
- Full concession operations
- Sand chairs and umbrella rentals
- Two volleyball courts
- Five sun shelters available to rent daily
- Paddle board, kayak and sailboat rentals
- Year-round sailboat storage
- Complimentary beach cart service (Weekdays, 10 AM-5 PM; Weekends, 10 AM-8 PM)



GLENCOE BEACH CLOSED JULY 4

GLENCOE BEACH TOKENS

Spend your summer at Glencoe Beach! Tokens will be available for purchase at the Takiff Center or Glencoe Beach on **April 1, 2016**. Beach tokens must be picked up in person; they will not be mailed. Northbrook patrons receive the resident rate on the purchases of a season token but must purchase their token in person. Northbrook residents will not receive resident rates on daily admission. To qualify for the senior discount, proof of age 65 or older must be presented in person at the Takiff Center. Family members must reside in the same household to purchase a family token.

WATER CLOSURES

Closings due to weather or water quality will be posted by 9:45 AM on the weather hotline (847) 835-1185 and press 1 or visit www.glencoeParkDistrict.com/News/Park-Alerts

2016 Beach Season	Beach Hours
Preseason May 28-30 June 3-5	10 AM-8 PM
Regular Season June 6-July 31	10 AM-8 PM
Post Season Hours August 1-21 August 27-28 September 3-5	10 AM-7 PM

PLEASE NOTE: Glencoe Beach closed July 4.

Boat Season	Day	Hours
Preseason May 7-June 5	Saturday & Sunday Memorial Day	11 AM-6 PM
Regular Season June 6- August 14	Monday-Thursday Friday-Sunday	11:30 AM-7:30 PM 10 AM-8 PM
Post Season August 20-October 16	Saturday & Sunday Labor Day	11 AM-6 PM

PLEASE NOTE: Boating Beach open 10 AM-6 PM on July 4.

PERLMAN BOATING BEACH

Friends and neighbors come together at Perlman Boating Beach for casual boating, lessons, rentals and more! Whether you rent a rack space for your boat, take a sailing or kayaking lesson, or rent a paddle board for the afternoon, there is something for everyone at the Perlman Boating Beach!

BOAT STORAGE

Perlman Boating Beach boat storage area offers rack spaces for small 10-foot to 14-foot sailboats or kayaks. Sand spaces are available for sailboats up to 18 feet long. The boat storage fee includes one boat space, sail and personal locker, and a maximum of four family beach tokens. New applicants should contact (847) 835-7544 for more information.

Rack Space:	\$344/458 R/NR
Sand Space:	\$572/744 R/NR
2nd Space:	50% off the less expensive space
Additional Locker:	\$50 (limited quantities available)

Beach Tokens	Early Bird Through May 16 R/NR	Starting May 17 R/NR
Individual	\$81/102	\$102/128
Additional Family Member	\$15/20 pass	\$20/25 pass
Senior (Individual)	\$41/52	\$52/67

*Lost passes will be charged the Additional Family Member rate

Beach Daily Admission	Daily, 10 AM-6 PM R/NR Fee	High Bacteria Days & Twilight, 6-8 PM R/NR Fee
Under Age 2	Free	Free
Youth (Age 2-17)	\$4/7	\$2/4
Adult (Age 18-64)	\$6/10	\$3/5
Senior (Age 65+)	\$2/4	\$2/4

GLENCOE BEACH



TRELLIS RENTALS

NOW ACCEPTING RESERVATIONS!

The Glencoe Beach Trellis is available for group parties from Memorial Day weekend through September 11, seven days a week from 5-10 PM. To make a reservation, please call (847) 835-1185.

Days of Week (5-10 PM)	R/NR Fee (Up to 75 Guests)*
Monday-Thursday	\$218/328
Friday-Sunday	\$350/525

*More than 75 guests is an additional \$5 per person.

All advance reservations must be paid for at the time of booking. Temporary holds are not accepted for any rental.

RENTAL RULES:

Alcohol liability insurance (\$175/day) is required for ALL rentals serving alcoholic beverages and must be arranged seven days prior to the rental. Alcohol is only allowed during Trellis rentals.

- All advance reservations must be paid for at the time of booking. Temporary holds are not accepted for any rental.

Trellis Rentals: In the event of severe weather, renter will be given the option of using Watts Center Recreation Room. Refunds will not be issued if requested less than seven days prior to rental date. Grill rental is a separate \$75 fee and will be charged at the time of the reservation. Charcoal is NOT included. The Courtesy Cart can be rented for \$25/hour. Northbrook residents receive the resident rate for Monday-Thursday rentals only.

SUN SHELTER PICNIC SPOTS

AVAILABLE DAILY DURING NORMAL BUSINESS HOURS

10 AM-1 PM, 1:30-4:30 PM, 5-8 PM

To ensure a Sun Shelter reservation, please call (847) 835-1185 at least seven days in advance. Sun shelter rental does not include daily beach entrance fees. Alcohol is not allowed in sun shelters. **Memorial Day (May 30) & Labor Day (September 5):** Sun Shelter Rentals available to Glencoe Residents ONLY (a photo ID is required).

	Sun Shelters 1-4 12 People/ 2 Picnic Tables	Sun Shelter 5 24 People/ 3 Picnic Tables
Glencoe Residents Same Day Reservation	\$15/time slot	\$25/time slot
Nonresidents Same Day Reservations	\$30/time slot	\$50/time slot
Glencoe Residents Advance Reservation	\$30/time slot	\$50/time slot
Nonresidents Advance Reservation	\$60/time slot	\$100/time slot

Daily admission fee is not included in rental fee. Unavailable July 4.

LAKE MICHIGAN RENTALS

Sail, kayak or paddle Lake Michigan! Sailboats, kayaks, and paddle boards are available to rent hourly at the Glencoe Beach.

- Sailboat Rental:** \$25 hour weekday/\$40 weekend
- Hobie Catamaran Rental:** \$35 hour weekday/\$50 weekend
- Kayak Rental:** \$20 hour weekday/\$25 weekend
- Paddleboard Rental:** \$20 hour weekday/\$25 weekend

Rules: Youth ages 6-15 must be accompanied by an adult on the boat during rentals. Life jackets must be worn at all times. No children under age 6 are allowed on any rental craft. There is a 2-hour sailboat rental maximum on weekends and holidays. A credit card deposit and a photo ID is required prior to rental and may be applied to the rental fee upon return to beach. **No personal boat/kayak launching permitted. Daily admission fee not included in rental fee.**

Sailing Tests: Renters must pass a checkout test prior to their first rental of the season. You can access skills information on the U.S. Sailing website.

Rentals unavailable July 4, 18, 25, July 2, 15, 16

NEW! PADDLE SOCIAL FOR PADDLEBOARD AND KAYAK RACK RENTERS

Do you own a paddle board or kayak and store it at Glencoe Beach? Grab your board or kayak and join us for a paddle social! Private Glencoe renters are welcome to meet and participate in an evening paddle at 7-8 PM on Saturday, June 18 and Friday, July 15. No cost; please meet at the Glencoe Boat House.



55 HAZEL AVENUE • BEACH HOUSE: (847) 835-1185 • BOAT HOUSE: (847) 835-8910

GLENCOE BEACH



SAILING

Learn to sail at Glencoe Beach! Sailboats and life jackets, along with expert instruction, are provided.

BEGINNER

Beginner Sailing provides novice students with basic skills to sail successfully. Dry land and on the water experiences ensure sailors have a solid background in safety and technique. Students also learn capsizing skills. There is a swim test with this class.

INTERMEDIATE

Students continue to refine the basic skills of sailing while expanding to more complex skills, such as roll tack, gybes, mark roundings, sail and boat trim, and heavy air sailing. Dry land and on water skills as well as capsizing skills are included.

ADULT

Our instructors are committed to helping you learn to sail by familiarizing you with basic seamanship, introducing you to the Lake Michigan sailing community, and taking care to ensure you enjoy your new experience. Expect to learn basic knots, sailing maneuvers, safety procedures, wind-sensing, right-of-way, and nautical terms.

PRIVATE LESSONS

Private sailing lessons are given in one hour increments and are available June 6 through August 14. For more information call 847-835-8910. Please allow three days for scheduling.

JR. BEACH & BOAT SKIPPER PROGRAM

Be a part of Glencoe Beach/Boat operations! You'll shadow beach and boat staff, participate in sailing races, and learn beach/boat rescue techniques. Each week, participants learn new positions and gain insight into the beach and boating world.

ADULT PADDLE BOARD EXPERIENCE

Enjoy Lake Michigan on our paddle boards. Learn paddle techniques to improve your overall fitness. Class will be canceled and rescheduled if there is wave height over three feet.

ADULT KAYAK

Join us for a morning kayak along the beautiful shorelines of Glencoe, Winnetka and Highland Park! Each hour class is led by Park District staff. Limited space per session.

REGATTAS

Our regattas are limited to Glencoe Beach private boaters. Each boat that participates must pay a \$10 registration fee. Participants should check in at noon at the Glencoe Boat House.

INCLEMENT WEATHER: Please call the Glencoe Boat House at (847) 835-7985 for updates on weather or possible cancellations in any sailing/kayak/paddle board programming.

WORK OUT AT
GLENCOE BEACH!

See page 51 for NEW paddle board yoga, kayak core classes, beach boot camps, and more!

LEVEL	AGES	DAY	DATES	TIME	LOCATION	R/NR Fee	ACTIVITY
SAILING PRIVATE LESSONS	AGES 6+	M-SU	6/6-8/14	10 AM-8 PM	GLENCOE BOAT HOUSE	\$65/65	101705-01
BEGINNER SAILING	AGES 9-13	M-TH	6/6-6/9	12:30-3 PM	GLENCOE BOAT HOUSE	\$224/279	101502-01
BEGINNER SAILING	AGES 9-13	M-TH	6/20-6/23	12:30-3 PM	GLENCOE BOAT HOUSE	\$224/279	101502-02
BEGINNER SAILING	AGES 9-13	M-TH	7/11-7/14	12:30-3 PM	GLENCOE BOAT HOUSE	\$224/279	101502-03
BEGINNER SAILING	AGES 9-13	M-TH	7/25-7/28	12:30-3 PM	GLENCOE BOAT HOUSE	\$224/279	101502-04
INTERMEDIATE SAILING	AGES 9-13	M-TH	6/13-6/16	12:30-3 PM	GLENCOE BOAT HOUSE	\$281/351	101503-01
INTERMEDIATE SAILING	AGES 9-13	M-TH	6/27-6/30	12:30-3 PM	GLENCOE BOAT HOUSE	\$281/351	101503-02
INTERMEDIATE SAILING	AGES 9-13	M-TH	7/18-7/21	12:30-3 PM	GLENCOE BOAT HOUSE	\$281/351	101503-03
INTERMEDIATE SAILING	AGES 9-14	M-TH	8/1-8/4	12:30-3 PM	GLENCOE BOAT HOUSE	\$281/351	101503-04
JR. BEACH & BOAT SKIP	AGES 13-15	M/W	8/1-8/10	5-7 PM	GLENCOE BOAT HOUSE	\$100/125	101601-01
ADULT SAILING	AGES 18+	SU	6/12-7/24	10 AM-12 PM	GLENCOE BOAT HOUSE	\$281/351	101702-01
ADULT SAILING	AGES 18+	SA	6/11-7/23	10 AM-12 PM	GLENCOE BOAT HOUSE	\$281/351	101702-02
ADULT PADDLE BOARD	AGES 18+	SU	6/12-7/24	9:30-10:30 AM	GLENCOE BOAT HOUSE	\$160/200	101801-01
ADULT KAYAK	AGES 18+	SA	6/11-7/23	9:30-10:30 AM	GLENCOE BOAT HOUSE	\$160/200	101801-02
ADULT PADLDE BOARD	AGES 18+	W	6/15-7/20	9:30-10:30 AM	GLENCOE BOAT HOUSE	\$160/200	101801-03
SOLSTICE REGATTA	ALL AGES	SA	6/25	12-4 PM	GLENCOE BOAT HOUSE	\$10/10	REGISTER IN-PERSON AT BOAT HOUSE
COMMODORE REGATTA	ALL AGES	SA	7/2	12-4 PM	GLENCOE BOAT HOUSE	\$10/10	
SAILFEST REGATTA	ALL AGES	SA	7/16	12-4 PM	GLENCOE BOAT HOUSE	\$10/10	

DAILY FITNESS SCHEDULE

SPRING SESSION: MARCH 28-JUNE 7 | SUMMER SESSION: JUNE 6-JULY 27



PUNCH CARD & REGISTERED CLASSES	MONDAY	9:15-10:45 AM HATHA YOGA (All Levels) <i>with Alison</i>	10:45-11:45 AM ZUMBA BOLLYWOOD FUSION <i>with Judy</i> (3/28/16 - 6/6/16)	
	TUESDAY	8:20-9:20 AM MOVING WITH WEIGHTS <i>with Marianne</i>		
	WEDNESDAY	9:15-10:15 AM CORE+BARRE ESSENTIALS <i>with Cristina</i>	9:30-10:30 AM VINYASA FLOW <i>with Laura</i>	12-1 PM INDOOR BOOTCAMP <i>with Sandy</i> (3/29/16- 6/7/16)
	THURSDAY	8:20-9:20 AM MOVING WITH WEIGHTS <i>with Marianne</i>	9:30-10:45 AM HATHA BLEND <i>with Colleen</i>	9:40-11 AM JAZZ DANCE* <i>with Julie</i> ACTIVITY # 117601-01 (SPRING) 117601-02 (SUMMER)
	FRIDAY	9:15-10:15 AM CORE+BARRE ESSENTIALS <i>with Cristina</i>		

CLASSES SUBJECT TO CHANGE. For an up-to-date schedule, please visit www.glencoe parkdistrict.com

* Non-punch card class. Requires advanced registration or drop-in fee of \$20 per class.

WANTED: Group Exercise Instructors contact Paul Goedjen for more information at (847) 835-7545

WORKOUT AT THE BEACH!

REGISTERED FITNESS CLASSES AT GLENCOE BEACH

Work on your fitness at the most beautiful beach on the North Shore. Classes require advance registration.

BEACH BOOT CAMPS WITH SANDY CULVER

Get your cardio and strength workout in on the beach. Enjoy the sand and sun at Glencoe beach while working out in a friendly, yet challenging, group setting. Towel and yoga mat recommended.

NEW! KAYAK & PADDLE BOARD CORE FITNESS

We'll focus on repetitive strokes and core exercises on one of our kayaks or paddle boards!

NEW! PADDLE BOARD YOGA

Enjoy the early morning waters of Lake Michigan with awakening, yet powerful, postures to prepare you for the day!

HIGH SCHOOL SPORTS CONDITIONING WITH NEW TRIER'S COACH CARLA PENTIMONE

Increase your speed, strength, and agility with New Trier Varsity Girls Hockey Coach, Carla Pentimone. We'll focus on cardiovascular, muscle strength, and endurance exercises to help you achieve your off-season goals! Class will be held weekly at Lakefront Park and Beach. **Rain Location:** Takiff Center

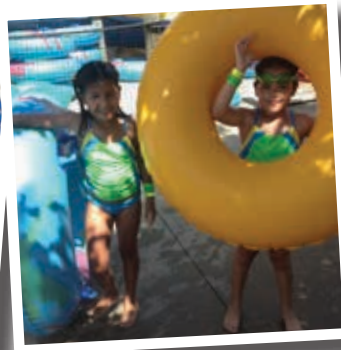
BEGINNER BEACH YOGAN WITH LAURA MERLO

The beginner class is geared to those who have never (or barely) tried yoga. For eight weeks, you will learn basic postures, breathing techniques, and skills, in the beautiful setting of the Glencoe beach. You'll feel stronger and more flexible in your body, more relaxed in mind and will have the knowledge and confidence to participate in other group classes. Please bring a yoga mat. Drop in fee \$20.



CLASS	AGE	DAY	DATES	TIME	LOCATION	R/NR FEE	ACTIVITY
BEACH BOOT CAMP	18+	M/W	6/6-7/27	9:15-10:15 AM	GLENCOE BEACH	\$240/265	117605-01
BEACH BOOT CAMP	18+	TU/TH	6/7-7/28	5:30-6:15 AM	GLENCOE BEACH	\$240/265	117605-02
PADDLEBOARD FITNESS	18+	TU	6/14-7/19	8-9 AM	GLENCOE BEACH	\$160/200	101801-05
BEGINNER YOGA	18+	TU	6/7-7/26	8-9 AM	GLENCOE BEACH	\$128/140	117607-01
KAYAK FITNESS	18+	TU	6/14-7/19	6:30-7:30 PM	GLENCOE BEACH	\$160/200	101801-06
PADDLE BOARD FITNESS	18+	F	6/17-7/22	6:30-7:30 PM	GLENCOE BEACH	\$160/200	101801-07
KAYAK FITNESS	18+	F	6/17-7/22	8-9 AM	GLENCOE BEACH	\$160/200	101801-08
PADDLE BOARD YOGA	18+	SA	6/11-7/23	9:30-10:30AM	GLENCOE BEACH	\$160/200	101801-04
HIGH SCHOOL SPORTS CONDITIONING	14-18	SA	6/4-7/30	11 AM-12 PM	LAKEFRONT PARK	\$90/108	117608-01

AQUATIC SERVICES



SPLASH INTO SUMMER AT NEIGHBORING POOLS!

This summer, the Glencoe Park District is pleased to offer a reciprocal agreement with the Northbrook Park District to offer residents aquatic services in 2016! Residents of Glencoe and Northbrook will receive resident rates when purchasing season passes at their respective facilities. Glencoe Park District residents providing proof of residency (valid Illinois identification card with Glencoe address) will receive Northbrook resident rates on the following services:

- Summer Pool Passes at Northbrook Sports Center and Meadowhill Aquatic Center in Northbrook
- Member rates on any aquatics lessons, water fitness classes, programs and/or classes (with purchase of season pass) at the Northbrook Park District.

	Early Registration March 21 - May 9	Regular Registration: Begins May 10
	R/NR	R/NR
INDIVIDUAL (AGE 2-64)	\$95/135	\$115/155
SENIOR (AGE 65+)	\$79/119	\$89/129
SENIOR COUPLE	\$119/159	\$129/169
HOUSEHOLD: UP TO TWO ADULTS AND DEPENDENT CHILDREN UNDER 26 YEARS OF AGE WHO RESIDE AT THE SAME ADDRESS		
HOUSEHOLDS OF TWO	\$145/185	\$165/205
HOUSEHOLDS OF THREE	\$175/230	\$195/250
HOUSEHOLDS OF FOUR	\$205/275	\$225/295
HOUSEHOLDS OF FIVE	\$235/320	\$255/340
HOUSEHOLDS OF SIX OR MORE (ADD ADDITIONAL FEE PER PERSON)	\$30/45	\$30/45
NANNY PASS (ONE PER HOUSEHOLD, PURCHASED WITH ANY FAMILY PASS)	\$79	\$89

PLEASE NOTE: Glencoe residents receive Northbrook resident rates only on the purchase of a season pool pass. Resident rates do not apply to daily pool admission



To receive the resident rates, Glencoe Park District residents must register in person at:

Leisure Center (Registration Office):
3323 Walters Avenue
(847) 291-2960

Northbrook Sports Center:
1730 Pfingsten Road
(847) 897-6196

Meadowhill Aquatic Center:
1501 Maple Avenue
(847) 291-2997