

OPEN GYM SCHEDULE:

Monday, December 1 – Friday, December 19

➤ PARENT & CHILD OPEN GYM:

Come jump, run, crawl, and have a great time with your little one at the Community Center. This open gym time provides pint-sized playtime for children ages preschool through 2nd grade and their parents. The gym attendant will provide tons of foam balls and other gym equipment.

Who: Parents and children ages preschool – 2nd Grade

When: Tuesday/Thursday 3:30 - 5:00pm

Fee: Res. \$5/Non-Res. \$6

➤ YOUTH OPEN GYM:

Boys and girls grades 3-8 bring a friend or join a pick-up game during Open Gym at the Community Center. The gym attendant will provide basketballs and volleyballs depending on your interest.

Who: Grades 3rd - 8th

When: Monday/Wednesday 3:30 - 5:00pm

Fee: Res. \$5/Non-Res. \$6

➤ HIGH SCHOOL OPEN GYM:

Join your friends in a pick-up game and have fun meeting new people. The gym attendant will provide basketballs and volleyballs depending on your interest.

Who: High School Students

When: Monday 8:00 - 10:00pm

Friday 3:30 - 5:00pm

Fee: Res. \$5/Non-Res. \$6

➤ ADULT OPEN GYM:

Bring your friends and shoot some hoops. The gym attendant will provide basketballs and volleyballs depending on your interest.

Who: 18 years of age and older

When: Sunday 8:00 - 11:30am

Fee: Res. \$5/Non-Res. \$6

NOTE: Glencoe Park District reserves the right to make changes to Open Gym schedules based on gym availability, programs or private rentals.

GLENCOE PARK DISTRICT

OPEN GYM RULES:

- All Open Gym participants must sign in with the gym attendant. You will be asked for a picture ID. Minors without a picture ID must be signed in by an adult with a picture ID.
- A waiver must be on file for each participant before entering the gymnasium. A waiver is only good for one year.
- Children under the age of 10 must be accompanied by an adult over 16 at all times in the gymnasium.
- Payment must be received prior to participating in Open Gym.
- If a participant is determined to have not paid, their ability to play on that day or in the future could be restricted.
- Gym shoes must be worn on the court. Street shoes are not permitted.
- Proper attire must be worn at all times.
- Abusive language, attempted confrontation, or physical confrontation are not permitted and will result in immediate expulsion from the Community Center.
- If only one court is available then the side courts may be divided based on age, skill level, and number of participants.
- If two courts are available then the courts or the side courts may be divided based on age, skill level and number of participants.
- If there are more than two groups of five, the first team to 11 points wins. The winning team remains on the court for the next game.
- A team may only stay on the court for two consecutive games if there are more than two teams that want to play.
- Teaching of private lessons, conducting team practices or instruction are not permitted.
- Food and drink is not permitted in the gymnasium. Participants are expected to clean up after themselves after they are done, including putting all equipment away.
- Times and schedule may vary based on gym availability, Park District programs, or private rentals.
- Glencoe Park District reserves the right to make changes to the schedules.

OPEN GYM WAIVER & RELEASE

IMPORTANT INFORMATION

The Glencoe Park District is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. The Glencoe Park District continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for this program/activity must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs.

You are solely responsible for determining if you or your minor child/ward is physically fit and/or adequately skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way or has recently suffered an illness, injury or impairment, to consult a physician before undertaking any physical activity.

WARNING OF RISK

Recreational activities are intended to challenge and engage the physical, mental and emotional resources of each participant. Despite careful and proper preparation, instruction, medical advice, conditioning and equipment, there is still a risk of serious injury when participating in any recreational activity. All hazards and dangers cannot be foreseen. Depending on the particular activity, certain risks, dangers and injuries may exist due to inclement weather, slips and falls, poor skill level or conditioning, carelessness, horseplay, unsportsmanlike conduct, premises defects, inadequate or defective equipment, inadequate supervision, instruction or officiating, and other risks inherent to the particular activity. In this regard, it is impossible for the (District/SRA) to guarantee absolute safety.

WAIVER AND RELEASE OF ALL CLAIMS AND ASSUMPTION OF RISK

Please read this form carefully and be aware that in signing up and participating in this program/activity, you will be expressly assuming the risk and legal liability and waiving and releasing all claims for injuries, damages or loss which you or your minor child/ward might sustain as a result of participating in any and all activities connected with and associated with this program/activity (including transportation services and vehicle operations, when provided).

I recognize and acknowledge that there are certain risks of physical injury to participants in this program/activity, and I voluntarily agree to assume the full risk of any and all injuries, damages or loss, regardless of severity, that my minor child/ward or I may sustain as a result of said participation. I further agree to waive and relinquish all claims I or my minor child/ward may have (or accrue to me or my child/ward) as a result of participating in this program/activity against the Glencoe Park District including its officials, agents, volunteers and employees.

I have read and fully understand the above important information, warning of risk, assumption of risk and waiver and release of all claims. If registering on-line or via fax, my on-line or facsimile signature shall substitute for and have the same legal effect as an original form signature.

PLEASE PRINT

Participant's Name _____

Participant's Signature _____
(18 years or older or Parent/Guardian)

Date _____

PARTICIPATION WILL BE DENIED

If the signature of adult participant or parent/guardian and date are not on this waiver.